

Amendments to the Specification:

Please amend the specification as follows:

Please replace paragraph 0001 with the following rewritten paragraph:

This Application claims priority to ~~PCT/EP-2005/00848~~ PCT/EP2005/00848, filed 1/28/2005 and published 10/20/2005 ~~October 20, 2005~~ and to Germany Application ~~10200401379.2~~ 10 2004 013 979.2, filed 3/19/2004 including the specification, drawings, claims and abstract of each, which are incorporated herein by reference in its entirety.

Please replace paragraph 0003 with the following rewritten paragraph:

Devices of this type are generally known. There are namely guide devices or fixing devices for ~~for~~ headrests in motor vehicles. Fixing or guide devices of this type serve to guide and to lock the two guide bars which protrude from a customary headrest ~~in~~ in order to adjust the height of the headrest. It is known that, during the production of any components, in particular for motor vehicles, dimensional tolerances or arrangement tolerances of the various individual parts of the components occur. In the example of a headrest as a component for a vehicle, it may happen that the fixing bars are, to a small extent, not arranged parallel to each other or else they are arranged at too great or too small a spacing. Tolerances of this type then lead to a height adjustment of a headrest of this type requiring too much effort. This has an overall adverse effect on the use of the headrest. It is also the case, however, that the fixing bars of headrests of this type must not be held in the fixing devices or in the guide devices with too great an amount of play (i.e., too loosely) because, firstly, they could start to rattle, for example during vibration ~~vibrations~~ of the vehicle, or could generally start to move in an undesirable manner and, secondly, such mobility leads undesirably to anesthetic impairment because the sense of value of a motor vehicle component of this type is thereby reduced.